

EAT. DRINK. SOCIALIZE.

METLIFE MARKETPLACE

Breakfast Monday – Friday 7:30 am – 9:30 am

Lunch Monday – Friday 11:30 am – 2:00 pm

WEEK OF OCTOBER 20TH



RISE & SHINE

BREAKFAST SPECIALS

Monday: apple pie stuffed biscuit	3.25
Tuesday: bacon, egg, potato, & pepper breakfast flatbread	3.25
Wednesday: apple pie stuffed biscuit	3.25
Thursday: bacon, egg, potato, & pepper breakfast flatbread	3.25

Mon

Flame Grill: grilled bratwurst with peppers, onions, & spicy mustard on a hoagie	6.40
Kitchen & Co.: country fried steak, crispy fried tofu, country gravy, garlic mashed potato, honey mustard-dill roasted carrots, steamed vegetable medley	\$.50/oz
Dhaba: celebrate diwali with choice of butter chicken or spicy andhras vegetable curry, served with vegetable palao rice, chana masala, and naan	8.95

Tues

Flame Grill: sweet potato burger with tomato, fresh mozzarella, basil, & balsamic glaze on brioche	6.40
Kitchen & Co.: byo chili bar with beef & bean chili, plant-based beef chili, tater tots, corn muffins, macaroni, roasted broccoli, roasted mushrooms, assorted toppings	\$.50/oz
Chef's Table: grilled salmon or grilled tofu risotto with mushrooms, butternut squash, shaved brussel sprouts, & fennel-arugula salad with roasted tomato vinaigrette	10.00/8.95

Wed

Flame Grill: grilled bratwurst with peppers, onions, & spicy mustard on a hoagie	6.40
Fish & Chip Shop: crispy fried flounder, beer battered shrimp, crispy potatoes, slaw, roasted green beans, remoulade & tarter sauce	\$.50/oz
Chef's Table: made to order seafood chowder with bay scallops, crab, shrimp, & haddock, served with grilled focaccia	10.00

Thurs

Flame Grill: sweet potato burger with tomato, fresh mozzarella, basil, & balsamic glaze on brioche	6.40
Mezze: chicken souvlaki, baked falafel, grilled pita bread, mezze spice jasmine rice, chickpea cucumber sumac salad, assorted toppings	\$.50/oz
Earth Bowl: create your own bowl with choice of braised beef, roasted chicken, or tofu, served with warm grains, assorted lettuce, assorted roasted & pickled vegetables, assorted sauce	8.95

Fri

Kitchen & Co.: chef's selection	\$.50/oz
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WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK

PICCOLA ITALIA

cheese flatbread	4.75
meat flatbread	5.25
veggie flatbread	5.55
tuscan kale caesar pizza salad with sundried tomato, chopped egg, & kalamata olives	6.00
ham & pineapple cauliflower crust pizza	6.00

BUTCHER & BAKER

turkey, brie, apple-cranberry melt with mayonnaise on focaccia	6.40
corned beef panini with arugula, horseradish, & swiss on telera	6.40
buffalo cauliflower wrap with cilantro slaw & blue cheese in a spinach tortilla	6.40



MET CAFÉ

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with the app today!

SOUPS

MONDAY

chicken noodle	12 oz 3.30
	16 oz 4.40

TUESDAY

southwest tortilla	12 oz 3.30
	16 oz 4.40

WEDNESDAY

wicked chicken thai & rice	12 oz 3.30
	16 oz 4.40

THURSDAY

broccoli cheddar	12 oz 3.30
	16 oz 4.40